

PUBLIC HEALTH PROGRAMS & SERVICES

WIC & BREASTFEEDING SUPPORT

The WIC Program provides nutrition and breastfeeding education, support and resources

- Eligible participants are pregnant, recently postpartum, have infants or children under age 5 who meet income criteria
- Lactation trained staff are available to accept calls or texts outside of WIC clinic hours

IMMUNIZATIONS

- For under or uninsured individuals, no one denied for inability to pay

FAMILY HOME VISITING

Evidence-based Curriculum
“Growing Great Kids”

- Prenatal Home Visits
- Post-Partum/Newborn Home Visits
- Parenting support
 - Developmental Concerns
 - Health Concerns
 - Behavioral Concerns
 - Social Concerns
- Project Harmony - Recovery focused support for women in addiction

HEALTH PROMOTION AND EDUCATION

- Individual, Family and Community Services
- Classes such as:
 - Fall Prevention
 - “Living Well with Chronic Conditions”
- SHIP (Statewide Health Improvement Partnership)

ADULT HEALTH SERVICES

- Case Managers and Community Health Workers arrange services you need to stay safe and healthy at home
 - Transportation
 - Meals
 - Lifeline
 - Home Care Services: Homemaking, Personal Care Assistance, Nursing
 - Supplies and Equipment
 - Connect to Community Resources

FAMILY PLANNING

- Free, confidential consultation for:
- Pregnancy
 - Contraceptives
 - Sexually Transmitted Infections (STI's)

CHILD PASSENGER SAFETY

- Education and Car Seat checks for ALL families
 - Distribution of car seats based on eligibility
- Community training and clinics

CHILD & TEEN CHECKUP OUTREACH AND ASSISTANCE

- Information, Reminders and Assistance for preventative well-child checks (birth to 21)

ENVIRONMENTAL PROGRAMS

- Health and Safety Home Assessments and Supplies
- FREE Radon Test Kits
- Water Test Kit Distribution
- Lead Testing & Follow-up

DENTAL HEALTH PROGRAM

- Dental Outreach Clinics for under or uninsured patients and for patients on Medicaid
- Fluoride Dental Varnishing Program



Public Health
Prevent. Promote. Protect.

PUBLIC HEALTH MISSION & VISION

Our Mission is to...

Lead efforts to protect and promote the health of the people in Meeker, McLeod and Sibley counties through education, empowerment and provision of essential public health services.

We have a vision of...

Healthier people with enhanced quality of life living in Meeker, McLeod and Sibley counties.

CONTACT INFORMATION:

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mmspublichealth.org