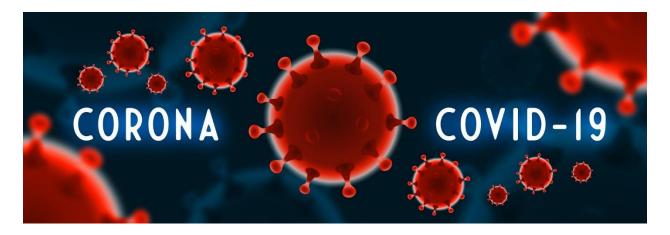
MCLEOD COUNTY PUBLIC HEALTH IS ACTIVELY WORKING WITH AREA PARTNERS IN RESPONSE TO COVID-19.



On March 17, 2020 new guidelines were released by MDH on testing criteria due to a national shortage of COVID-19 laboratory testing materials so the number of cases being reported may not be accurate. The state will be focusing on the highest priority, including hospitalized patients, health care workers and those in long-term care facilities. Therefore not everyone is being tested for COVID-19 at this time.

Although we have no confirmed COVID-19 cases in McLeod County, if you have suspected COVID-19 or symptoms of COVID-19 and are not severely ill, you should stay home while you recover. If you have severe underlying health conditions or are an older adult you should call your health care provider to see if there are additional recommendations for you.

Below are actions you and your family should continue to take to protect yourselves and others in your community:

- Limit close contact with others as much as possible (6 feet)
- Handwashing
- Cover coughs and sneezes with elbow or tissue
- Clean frequently touched surfaces daily
- Stay in touch with others by phone or email
- If possible, establish plans to telework, what to do about child care needs, and how to adapt to cancellation of events
- Stay home if you are sick

COVID-19 Hotline numbers:

• Glencoe Regional Health: 320-864-7168

• CDC: 800-657-3903

• MDH: 651-201-3920 or 1-800-657-3903

7 a.m. to 7 p.m.

We encourage you to visit the <u>Minnesota Department of Health</u> (MDH) and <u>Centers for Disease</u>

<u>Control</u> (CDC) websites for the most reliable and up-to-date information.

Additional helpful links:

- Strategies to Slow the Spread of COVID-19 in Minnesota
- How to Protect Yourself
- CDC Frequently Asked Questions
- Share Facts, Not Myths